



FREE THETAN

Newsletter of the association of
professional independent scientologists

Preserve, Protect & Promote

October 2016

Volume 7 Issue 10



“I'm not afraid of death because I don't believe in it. It's just getting out of one car, and into another.” ~ *John Lennon*

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Preserve, Protect & Promote

FREE THETAN
Volume 7 Issue 10 October 2016

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

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<p>The FREE THETA</p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect & Promote</i> http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ *Editorial* ~



reservo, servo, proveho

Dear Reader,

"The individual is not his analytical mind, he is not his reactive mind, he is not his body any more than he is his house or his car.

DIANETICS '55

Although this has been understood for many years by many philosophies, it was only when L. Ron Hubbard isolated the being and was able to develop methods of exteriorising the being from his mind and body that this became more than just a theory.

Using simple but effective techniques, LRH developed a series of questions and instructions that assisted in lifting an individual out of the morass it was in and become exterior to it.

From there the reality of immortality becomes apparent to the individual. For someone to then tell that individual he or she is not immortal or even, can lose their immortality is laughable. You might be able to convince a person who does not know that he or she is mortal by convincing them they are that which they occupy but that is only going to last as long as they occupy that which they do.

All beings are immortal. The clue to their immortality is contained in the Axioms and Factors.

Until next time.

Much arc,

Michael Moore
Editor

~oo00oo~

Front page quote from HCO PL 'Handling the Public Individual'

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

Karendelac@gmail.com

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

TreyLotztrey@relaypoint.net

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Silvia Llorens

All Standard Bridge

slllorens71@gmail.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

Ken_Urquharturq@verizon.net

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

PC Repair Programs

"I was very impressed at how nicely the auditing went. The sessions are not too long and that makes it really nice; you don't feel too drained from it. It was a really pleasurable experience and you don't feel pressured; you can go to your own rhythm.

I had many gains during the auditing. I feel more in control of my thoughts. I am able now to act upon certain areas whereas before I would have just let it go. I am more capable of visualizing my goals and able to think about the process that I must follow in order to be able to realize them.

I see the future in a more positive way. It seems that I will be more capable of achieving the goals, whether it be short term goals or long term ones.

Having looked carefully into my past, it helped me to notice the areas that were preventing me from moving forward in life. For example, if I had gone through a very bad experience, it could have made me overly cautious. It was also a hindrance for me to attain peace within

myself."

"WOW! WOW! WOW! An amazing week! My auditing recovered my certainty in a lot of things, like my goals, the reason I'm here in present time, why I'm passionate and dedicated to KSW and the Commodore.

I can tolerate more space, even if no space at all. My perception is clear and I know what I need to know in my perceptions to do my next steps to reach my goals and mission as a Scientologist. My English is better, and I'm willing to improve it. My tone is stable and up!

So many things are improved!!! I reached a very stable certainty about who I am and what are my goals. I operate at a very different condition, more CAUSE and I'm used to it now! Thank you very much for this amazing standard auditing. Ron is very proud of your dedication of helping other and your application of KSW.

"I just finished a little repair thing and it's pretty cool. It really helped me put things in per-

spective again, especially regarding relationships. We all assume beingness in life, that's what makes us sure of ourselves and where we are going and what the hell we are doing! LOL.

I recently had this break-up and I was devastated and in really bad shape. But then I realized that what really happened was I lost my beingness! I attached who I was and my decisions on this guy to the point where I wasn't sure what to do or what to "BE" without him. So obviously that was a huge Reality break. Now, all I have to do to get back on the horse is decide who I want to "BE" again, what I have to do, and then I will have whatever I want. That's how BE-DO-HAVE works. Also, I had some pretty cool past-life recalls come up. It's interesting what you can get when you really look.

All-in-all, it's been a great learning experience and I look forward to continuing this interesting journey of becoming more me!
'Til next time, stay classy!

Solo e-Meter Training

"I completed my Solo E-Meter training with Randy last weekend. It was the most productive & successful e-meter training I have ever done (I'm a Pro Metering grad). He helped me set up the meter and list/worksheets so I could see both at the same time. This turned out to be one of the major bugs I've always had, and it made all the difference in the world. He really applies evaluation of importance's - he made sure I worked harder on the weak spots and caught all the places where I was missing F/Ns. I ended up getting huge reads and LFBDs, then a persistent F/N and floating TA's. What's amazing about this is that I've been treated as a 'problem' PC for quite a while (having to run processes into the ground and getting exams marked 'small F/N' etc. etc.), and I've had a hard time drilling other people because of my non-responsive needle. Well, it's anything but that! I started getting huge picture-perfect F/Ns

from the prepared lists in the meter drill binder. F/Ns that looked like they were from the E-Meter film. All sorts of interesting reads that were obviously reacting to the drill binder lists, when I thought it was impossible to get reads from those lists ever again. For the first time in my life, drilling was really fun, not a long, boring task with no wins and soaring TA. Thank you, Randy, for your ARC, patience, and caring about your students. I'm looking forward to the rest of my Solo training and getting started on Solo NOTs!"

Grade 0

I am no longer keyed in as much. In the rare cases I am keyed in I get out off it really fast!!! I'm now able to talk about everything or can hold it back and I have become a much better listener. Friends approach me and want to talk to me so I can lend them an ear.

My biggest win was while auditing my daughter – with the result, that after an objective process her head ache was gone!!!!

And I started again to give assists. In my sessions I realize more and more bank is going away and I, as a being, becoming more and more cause. While getting processed on this grade I was so happy and keyed out. This feeling was so wonderful. The higher one is on the bridge the faster the charge is found.

This is why one keys out much faster than before I'm so happy to have chosen this path as I realize that I have changed myself in a positive way. I will continue now with grade 1.

I'm looking forward to this year. I have postulated to become CLEAR in 2104!!!!Thanks to my friend and auditor, she's a great auditor with so much ARC. Without her help I wouldn't be where I am now!!!!!!

Grade I

I completed Grade I the day before yesterday. You will get my wins later, as I enjoy them to the full. I'm right now on Grade II and feel so balanced. On this Grade there is little charge,

as I know that ALL has something to do with me (my own postulates). I'm no longer angry with anyone who did something to me earlier. I think, all beings who have this knowledge can understand me. I love you all !!!!!"

Solo One Course Completion

I have just completed Solo One. It is a Fantastic to know that I am so close to beginning the OT Levels and I have tons more certainty on my ability to audit Solo!

I learned that metering as a Solo Auditor is not as difficult as I thought. Just follow what is important, trust the meter and the Technology. I encourage others to begin this great Journey too!

Solo II Course Completion

I had many wins and realizations on Solo II, however, let me cut to the chase and give you what I feel to be the most important.

This is that through this course I realized I could help myself! That's a good place to be!

OT I

This was a Fantastic welcome to the OT Levels. I find it amazing how my viewpoint has changed on the Solo Courses and My OT Preps. These actions really set me up to thoroughly enjoy OT I.

Especially the I depth study of the fundamental books. (0-8, 8-8008, Dianetics, Self Analysis etc.). With these and OT I, I can now see, in action both, the Theta and Physical universes as they play out before me. This was loss of fun and enlightening!

Today I have completed my OT I, it was quite an exciting thing for me to be so much in communication with the theta universe. I knew that beforehand in theory, but when you gain the true reality on it – this is already another level, whether you have the data or whether you apply them. In any case, the theta universe really exists and this is where a good deal of action is going on.

I would like to thank all beings that helped me to move up the bridge and of course, as always, LRH. He succeeded in creating a Tech which always works and produces wins, which implies a true increase of consciousness. Over and over again, it is unbelievable what he had achieved and I cannot repeat enough how much I owe him. It is just through his help that I become more and more the being I really am. It is like the change from the caterpillar to the butterfly.

~oo00oo~



Price of Diamonds



Comprehensive up to date news and information on diamonds





MAKING AN OT

by **L Ron Hubbard**

A big point in making an Operating Thetan is the rehabilitation of a thetan's primary desire in the MEST Universe. If you can't rehabilitate that he will be unwilling to leave a body and operate. He will continue to stay in immediate and intimate contact with bodies.

In other words, if you just spring somebody out of his head and don't do anything else about it, he's going to go back in. That's why it's a cruelty to do it, because one point won't have been solved.

What is that point? It's *sensation, need for*.

A better part of handling this point is to educate a thetan regarding what he once could do and prepare him to do that again; to demonstrate to him that he as a thetan can contact directly from the environment any sensation much better than the environment might possibly deliver to a body.

A thetan *can* do that.

For example, a thetan who's not in a body, or using a body in any way, can still contact from his environment and experience any sensation that a body can contact and experience, or that can be gained from bodies.

Of course, at that moment he would be willing to give up the idea of a body. And until he has realized that, *he will not leave* a body *alone* but will keep hanging around and diving downscale and going back into his head and out of his head and around and around.

This is handled by rehabilitating his own ability to perceive. This is not too difficult because the thetan has the only ability to perceive there is. He thinks he has to do it through the body. He's so accustomed to this and so certain of it that you have to demonstrate to him the thetan's ability to perceive directly in the environment; that it can be possible for him to capture, experience and create sensations.

So this becomes very simple, really.

What do you do? You get him upscale to a point where he can feel a wall. Of course, he can feel a wall much better with his own contact with the wall than he can with his body's fingers as a body. In other words, he can feel the wall straight and he doesn't need any fingers to contact that wall. He can feel the size of, shape of and weight of objects without any interposition of a MEST body's fingers or muscular reflexes. He can see anything that he can see with a body and be as certain that he is seeing it as with a body.

But it's secondary, for instance, that he is able to contact ordinary things. What you want him to be able to contact are things which are strong, exciting, interesting and complex sensations. He must know that it is possible for him to, one, contact them in the MEST environment, and two, create them and contact them himself - both without a body.

Now that sounds like quite a trick. But the reason it sounds like quite a trick is that is the trick. You have to be able to do that. If you

could realize how completely the thetan is dependent upon sensation for conviction that he is still alive, you would realize that what you are rehabilitating is the only reward he has for living - the beautiful sights, the beautiful sounds, the beautiful tactiles. Actually a *thetan* has thousands of different perceptions. I don't think you could list all these perceptions. It would just go on and on.

The MEST body can only contact, at the outermost extreme about fifty five. That is almost forty more than are commonly listed in textbooks which have, laughingly, dealt with this subject. I don't know why they didn't just sit down and categorize the number of things in the environment there were to contact and then go and ask somebody if he could sense them. But they didn't do that. Instead they made up a theory and never tested it.

Therefore, the rehabilitation of sensation is very necessary because *need for, desire for, sensation* is the only thing which keeps him in the vicinity of a body; that plus the continued belief, confirmed by what is apparently quite real experience, if not actual experience, that only the body can deliver unto him these sensations.

As a result, when he is a Theta Clear he has to go up to the level of Operating Thetan. That consists primarily of the rehabilitation of *sensation, perception of*. It also depends on two or three other little things that you might miss in passing.

Before I go into a much lengthier dissertation on this, I'm just going to describe these things because they're quite important.

A Theta Clear is still in a state where his memory does not immediately confirm to him any duration of beingness as a thetan. He is in a state in which he does not evaluate himself as a personality. He sees himself as an identity with the body. Everybody who comes along has given the body a name and has given the body credit for everything. He has been designated with relationship to the body so

consistently that, amazingly enough, a thetan moves out and leaves the personality in the body!

For example, you've got a person who is quite convinced he is a Theta Clear. For what does he use these skills and talents and this freedom - to experiment with or to fool around with or see how curious it is? He doesn't use that state as a state of being alive, as a state which has a personality he will ever have.

So he leaves the personality behind. He thinks he has to be in some peculiar frame of mind or that he's sort of an automation. Outside his head he thinks he's a mechanical object or he's a spark or something. He just hasn't come up to the point where he's grasped this. But grasping that simple detail is quite important.

As a result he has no evaluation of his own capabilities and, much more importantly than just evaluation, he has no appreciation of himself. He doesn't have appreciation of himself just directly as himself. He doesn't say, "Now I have moved out of this body, I can be happy, I can sing, I can dance. I can do all of these things." Rather he says, "The body can be happy, the body can be sad, the body can sing, the body can dance. And I can sit back and look at it."

He is sort of like a spectator in the stadium. It really doesn't occur to him that the body can't sing and dance unless he handles it like a puppet. Instead, he's set it up on automaticities so it will sing and dance.

Why does the body sing and dance? Why does the body express joy or anything else? It's because the thetan likes to sing and dance and express joy. It's very simple.

So he's done a sub-zero awareness differentiation when he should have done an identification. He should have picked up his own capabilities right with him at the moment he moved out.

You can do a very graceful dance be-

tween the moon and Venus. There's lots of space. It's a big ballroom. If you can't make space, the whole MEST universe is full of it. Even "solid matter" is mainly space.

Thus, where you have a person who has no appreciation of himself, you also find that he hasn't any concept of the fact that he is joy, that he is a higher level of aesthetic than a body could ever be; that he can, in his own interest, take a larger and more effective role in the affairs and concerns of being alive than a body ever could.

What does he do for randomness in a body? He goes to the office; he goes home. Or if he has money he would go out on the polo field or the flying field or something of this sort and amuse himself in a plane. And in order to account to himself and settle his own accounts that he was worth something, what would he do? Why he'd join the local philanthropy society or the charity, or he'd make sure that the Boy Scout Troop was running all right and so on.

When we were young we were quite enthused about helping out groups and helping people out. We soon found out that you had to be pretty strong to help anybody out. Then we found out we didn't have any time to do it because we had to work too hard to eat and all these other affairs came into the line. And we found out that, really, the only thing we could do for them was give them some advice once in a while which they didn't need, and some money which *we* needed. It was sort of sad.

That's what a homo sapiens does for randomness, and this thetan, *as* homo sapiens,

also operates at this level. What? You mean this person has no purpose or goal of beingness? Here he's capable of stepping outside the economic concerns of the world, capable by his own actions of becoming partisan in causes much broader than he would ever be able to touch.

Man, for instance, gets enormous randomness out of who is going to be secretary for the local Lion's Club. A thetan could go out and have a fine time campaigning for some congressman. You would be amazed! He would just sort of appoint himself guardian angel to this or that or this or that cause.

Well, what's the difference? This homo sapiens was interested in helping and participating and doing all these things, and, don't forget this one, *collecting* MEST.

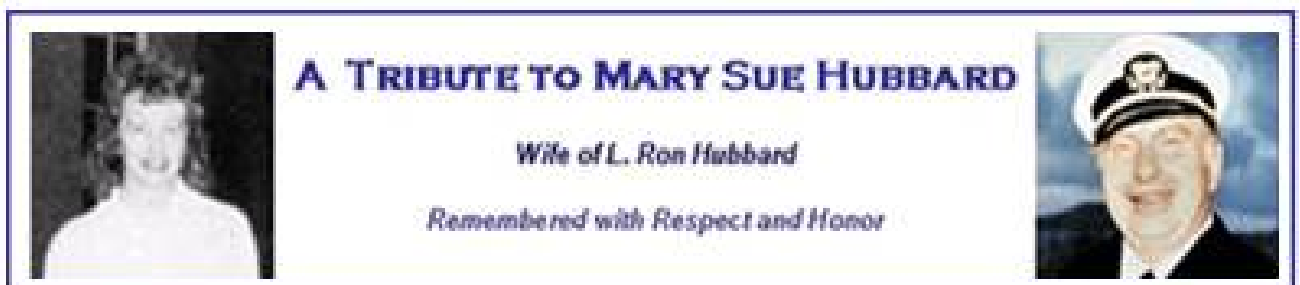
Now all of a sudden as a thetan he moves out and leaves his personality and all his interests and goals in that body, because they were all postulated for the body. And the thetan is too much of a - to be technical - golf ball to recognize that his beingness is himself.

All he has to do is suddenly wake up to the fact, "What do you know? I'm me!"

L Ron Hubbard

Edited from The Philadelphia Doctorate Course lecture #50,16 Dec 1952

~oo00oo~



WHAT IS GREATNESS?

L. Ron Hubbard

The hardest task one can have is to continue to love one's fellows despite all reasons he should not.

And the true sign of sanity and greatness is to so continue.

For the one who can achieve this, there is abundant hope. For those who cannot, there is only sorrow, hatred and despair, and these are not the things of which greatness or sanity or happiness are made.

A primary trap is to succumb to invitations to hate. There are those who appoint one their executioners. Sometimes for the sake of the safety of others, it is necessary to act, but it is not necessary also to hate them.

To do one's task without becoming furious at others who seek to prevent one is a mark of greatness—and sanity. And only then can one be happy.

Seeking to achieve any single desirable quality in life is a noble thing. The one most difficult and most necessary to achieve is to love one's fellows despite all invitations to do otherwise.

If there is any saintly quality, it is not to forgive. "Forgiveness" is a much lower level action and is rather censorious.

True greatness merely refuses to change in the face of bad actions against one—and a truly great person loves his fellows because he understands them.

After all, they are all in the same trap. Some are oblivious of it, some have gone mad because of it, some act like those who betrayed them. But all, all are in the same trap—the generals, the street sweepers,

the presidents, the insane. They act the way they do because they are all subject to the same cruel pressures of this universe.

Some of us are subject to those pressures and still go on doing our jobs. Others have long since succumbed and rave and torture and strut like the demented souls they are.

To re-save some of them is a dangerous undertaking. Were you to approach many ruling heads in the world and offer to set them free (as only a Scientologist can) they would go berserk, cry up their private police and generally cause unpleasantness. Indeed, one did—he was later assassinated by no desire of ours but because of the incompetence of his own fellows about him. He could have used Scientology. Instead, he promptly tried to shoot it down by ordering raids and various berserk actions on Scientology organizations. That he was then shot had nothing to do with us, but only demonstrated how incompetent and how mortal he really was.

As we become stronger, we can be completely openhanded with our help. Until we do, we can at least understand the one fact that greatness does not stem from savage wars or being known. It stems from being true to one's own decency, from going on helping others whatever they do or think or say and despite all savage acts against one; to persevere without changing one's basic attitude toward Man.

A fully trained Scientologist is in a far better position to understand than a partly trained one. For the Scientologist who really knows is able not only to retain confidence in himself and what he can do, but also can understand why others do what they do and so knowing, does not become baffled or dismayed by small defeats. To that degree, true greatness depends on total wisdom. They act as they do because they are

what they are—trapped beings, crushed beneath an intolerable burden. And if they have gone mad for it and command the devastation of whole nations in errors of explanation, still one can understand why and can understand as well the extent of their madness. Why should one change and begin to hate just because others have lost themselves and their own destinies are too cruel for them to face.

Justice, mercy, forgiveness, all are unimportant beside the ability not to change because of provocation or demands to do so.

One must act, one must preserve order and decency, but one need not hate or seek vengeance.

It is true that beings are frail and commit wrongs. Man is basically good but can act badly.

He only acts badly when his acts done for order and the safety of others are done with hatred. Or when his disciplines are founded only upon safety for himself regardless of all others; or worse, when he acts only out of a taste for cruelty.

To preserve no order at all is an insane act. One need only look at the possessions and environment of the insane to realize this. The able keep good order.

When cruelty in the name of discipline dominates a race, that race has been taught to hate. And that race is doomed.

The real lesson is to learn to love.

He who would walk scatheless through his day must learn this.

Never use what is done to one as a basis for hatred. Never desire revenge.

It requires real strength to love Man. And to love him despite all invitations to do otherwise, all provocations and all reasons why one should not.

Happiness and strength endure only in the absence of hate. To hate alone is the road to disaster. To love is the road to strength. To love in spite of all is the secret of greatness. And may very well be the greatest secret in this universe.

~oo00oo~



Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

FREE THETA

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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8 8008
Lafayette Ron Hubbard

THE BRIDGE TO TOTAL FREEDOM

SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES

TRAINING					PROCESSING								
Author's Class	Certifica	Course	Prerequisites	Topics Covered	What's Covered	End Result	PC Grade	Name of State	Subject	Prerequisites	Class of Author	Author's Release	Ability
Class XII Auditor	Class XII (S)	Class XII (S)	Class XII (S)	Public Class XII (S)	Flag only	Public Class XII (S)	OT XV	New System OT	The application of the OT process	New OT XV	For the majority of New OT XV	Not released	Confidentially released
Class XI Auditor	Class XI (S)	Class XI (S)	Class XI (S)	Public Class XI (S)	Flag only	Public Class XI (S)	OT XIV	New System OT	The application of the OT process	New OT XIV	For the majority of New OT XIV	Not released	Confidentially released
Class X Auditor	Class X (S)	Class X (S)	Class X (S)	Public Class X (S)	Flag only	Public Class X (S)	OT XIII	New System OT	The application of the OT process	New OT XIII	For the majority of New OT XIII	Not released	Confidentially released
Class IX Auditor	Class IX (S)	Class IX (S)	Class IX (S)	Public Class IX (S)	Flag only	Public Class IX (S)	OT XII	New System OT	The application of the OT process	New OT XII	For the majority of New OT XII	Not released	Confidentially released
Class VIII Auditor	Class VIII (S)	Class VIII (S)	Class VIII (S)	Public Class VIII (S)	Flag only	Public Class VIII (S)	OT XI	New System OT	The application of the OT process	New OT XI	For the majority of New OT XI	Not released	Confidentially released
Class VII Auditor	Class VII (S)	Class VII (S)	Class VII (S)	Public Class VII (S)	Flag only	Public Class VII (S)	OT X	New System OT	The application of the OT process	New OT X	For the majority of New OT X	Not released	Confidentially released
Class VI Auditor	Class VI (S)	Class VI (S)	Class VI (S)	Public Class VI (S)	Flag only	Public Class VI (S)	OT IX	New System OT	The application of the OT process	New OT IX	For the majority of New OT IX	Not released	Confidentially released
Class V Auditor	Class V (S)	Class V (S)	Class V (S)	Public Class V (S)	Flag only	Public Class V (S)	OT VIII	New System OT	The application of the OT process	New OT VIII	For the majority of New OT VIII	Not released	Confidentially released
Class IV Auditor	Class IV (S)	Class IV (S)	Class IV (S)	Public Class IV (S)	Flag only	Public Class IV (S)	OT VII	New System OT	The application of the OT process	New OT VII	For the majority of New OT VII	Not released	Confidentially released
Class III Auditor	Class III (S)	Class III (S)	Class III (S)	Public Class III (S)	Flag only	Public Class III (S)	OT VI	New System OT	The application of the OT process	New OT VI	For the majority of New OT VI	Not released	Confidentially released
Class II Auditor	Class II (S)	Class II (S)	Class II (S)	Public Class II (S)	Flag only	Public Class II (S)	OT V	New System OT	The application of the OT process	New OT V	For the majority of New OT V	Not released	Confidentially released
Class I Auditor	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	OT IV	New System OT	The application of the OT process	New OT IV	For the majority of New OT IV	Not released	Confidentially released
Not Classed	Class 0 (S)	Class 0 (S)	Class 0 (S)	Public Class 0 (S)	Flag only	Public Class 0 (S)	OT III	New System OT	The application of the OT process	New OT III	For the majority of New OT III	Not released	Confidentially released
Not Classed	Class -1 (S)	Class -1 (S)	Class -1 (S)	Public Class -1 (S)	Flag only	Public Class -1 (S)	OT II	New System OT	The application of the OT process	New OT II	For the majority of New OT II	Not released	Confidentially released
Not Classed	Class -2 (S)	Class -2 (S)	Class -2 (S)	Public Class -2 (S)	Flag only	Public Class -2 (S)	OT I	New System OT	The application of the OT process	New OT I	For the majority of New OT I	Not released	Confidentially released

Additional training services that may be done at various points on the Bridge:

- Third and Fourth Dynamic Training Courses**
- 07* Hitting Courses**
- OT Debut Service**
- Technical Specialist Courses**
- Case Supervisor Training**
- Other Technical Courses**
- ScIENTOLOGY Minister Course**
- Primary Rundown**
- Hubbard Life Orientation Course**
- Hubbard Key to Life Course**

Additional processing services that may be done at various points on the Bridge:

- 112*, Flag OT Executive Rundown***
- 111*, New Life Rundown***
- 110* Rundown**
- Super Power***
- Cause Resurgence Rundown**
- Flag Only Rundown**
- Special Rundown**
- False Purpose Rundown**
- Confessionals**
- Happiness Rundown***
- PTS Rundown**
- Method OT Word Clearing**
- Therapeutic TR Course**
- Co-Op Courses**

21 Source

20 Existence

19 Conditions

18 Realization

16 Purpose

15 Ability

14 Correction

13 Result

12 Production

11 Activity

10 Redirection

9 Body

8 Adjustment

7 Energy

6 Enlightenment

5 Understandings

4 Distinction

3 Perception

2 Communication

1 Recognition

-1 Help

-2 Hope

21 Source

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-1 Help

-2 Hope

DIANETICS AND SCIENTOLOGY INTRODUCTORY SERVICES

Success Through Communication Route	Life Improvement Course Route	Personal Efficiency Route	ScIENTOLOGY Introductory Auditing Route	Dianetics (Book One) Route	Anatomy of the Human Mind Route	Purification Route	The Way to Happiness Route	Hubbard Key to Life Course Route
Hubbard Self-Defense Course	Hubbard Self-Defense Course	Hubbard Self-Defense Course	ScIENTOLOGY Introductory Auditing	Hubbard's Dianetics (Book One) Course	Hubbard's "Anatomy of the Human Mind" Course	The Way to Happiness Course	The Way to Happiness Course	Hubbard Key to Life Course

DIANETICS AND SCIENTOLOGY BEGINNING BOOKS AND EXTENSION COURSES, LECTURES AND PUBLIC FILMS

How to Use This Chart

This chart is a guide to the various levels and certificates available in the ScIENTOLOGY system. It is designed to help you understand the requirements for each level and the services available at each point on the Bridge.

Definitions

OT (Operating Thetan): A person who has achieved a certain level of spiritual awareness and is able to operate as a free individual.

Author's Release: A document that certifies that a person has completed a course and is eligible for the next level.

Additional training services that may be done at various points on the Bridge:

- Third and Fourth Dynamic Training Courses
- 07* Hitting Courses
- OT Debut Service
- Technical Specialist Courses
- Case Supervisor Training
- Other Technical Courses
- ScIENTOLOGY Minister Course
- Primary Rundown
- Hubbard Life Orientation Course
- Hubbard Key to Life Course

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

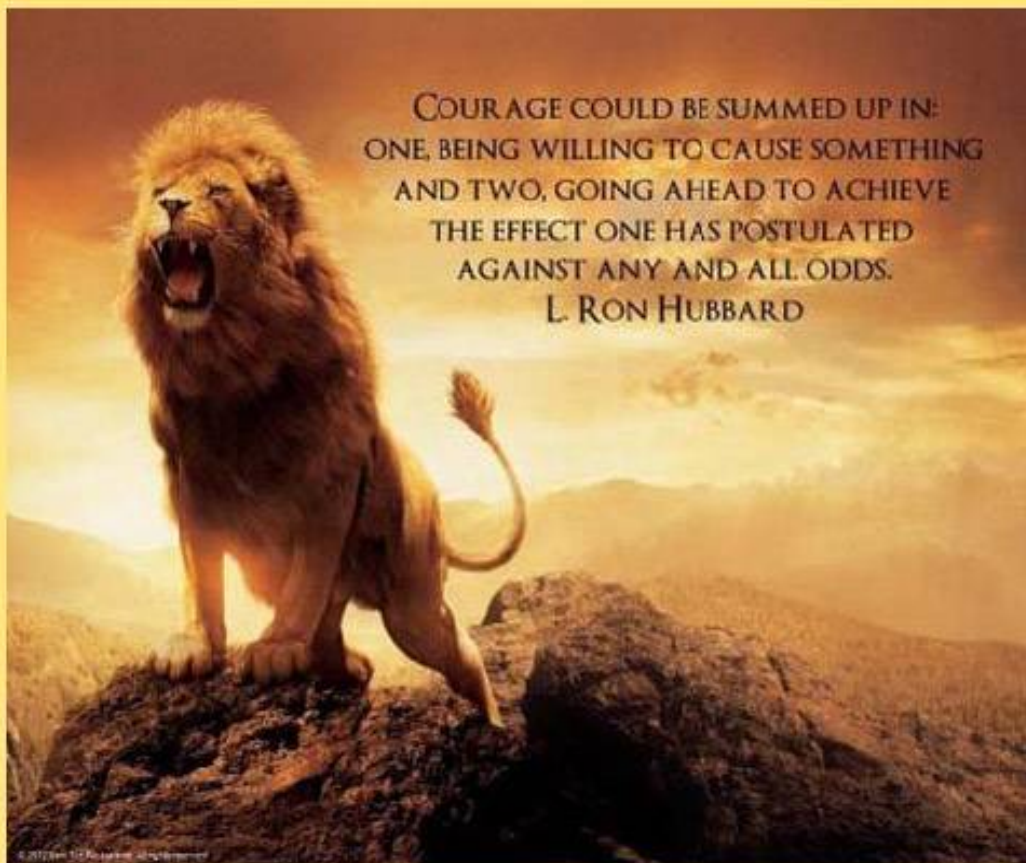
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



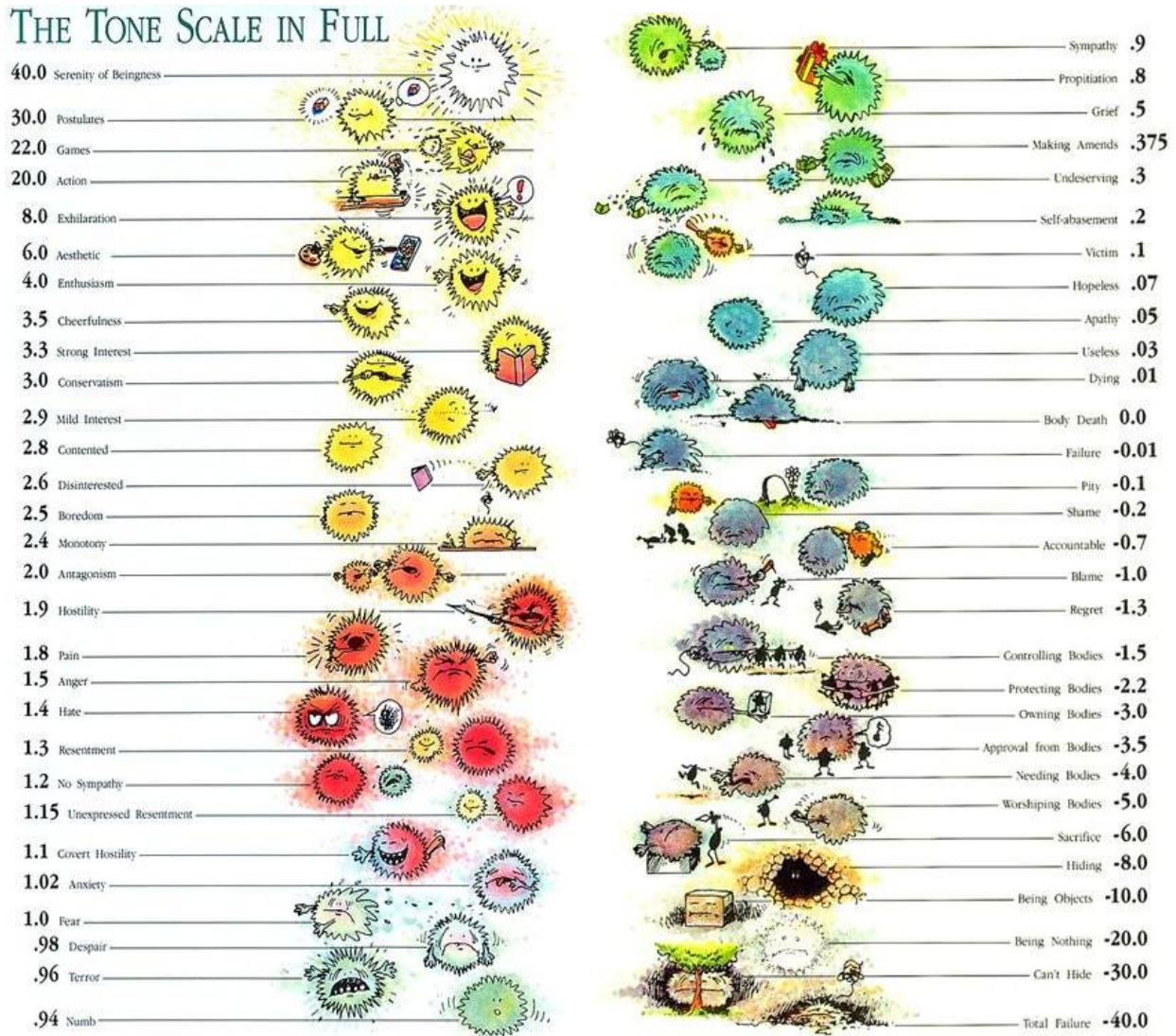
A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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of Professional Independent
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make a difference to your life!***

**[http://independent-scientologists-
association.net](http://independent-scientologists-association.net)**

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

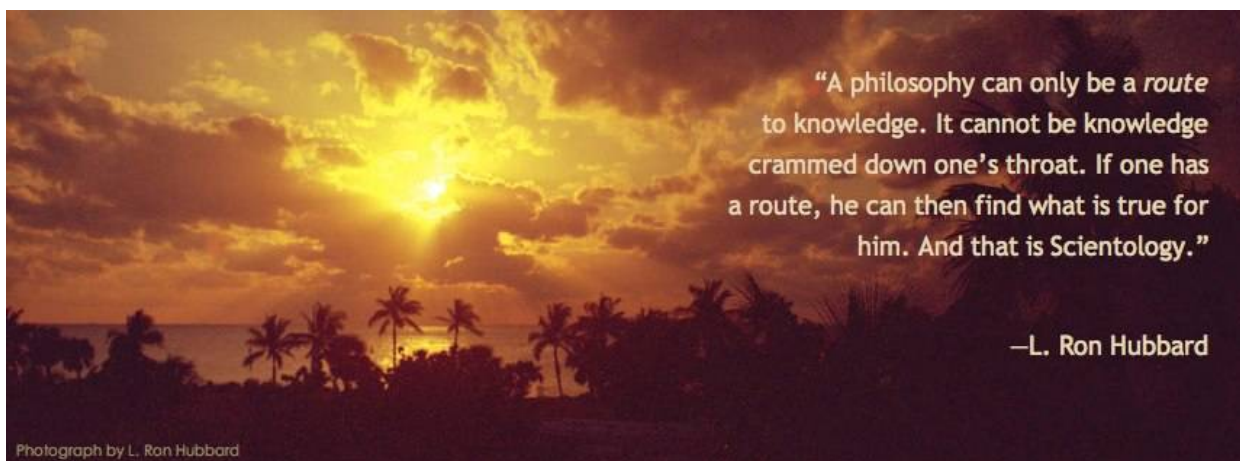
You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.

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